

SCOTIABANK CALGARY MARATHON IS NOW VIRTUAL—WHAT DOES THAT MEAN?

The purpose of going virtual is to allow participants to complete the race that they have been training for and fundraise for our 76 charities, while adhering to the current recommendations provided by Public Health Officials and maintaining physical distancing. Run your race at your pace on a treadmill or outside, at whatever time and on whatever day you choose during the race window.

Registered participants have received an email inviting you to participate in the virtual race or to choose from the other options. By choosing to run virtual or registering for the virtual when it opens to participants again on May 4 you will get to test your fitness, be eligible for all sorts of prizes, including a draw for a prize package worth \$1200 that includes a Garmin Forerunner 945, new running shoes of your choice from the Running Room, a custom Run Calgary Yeti rambler, Run Calgary Goodr sunglasses and more surprises. You will receive your race kit, including a commemorative 2020 medal and technical event shirt featuring the Peace Bridge, a 15% discount on ASICS products and a \$20 credit to any future Run Calgary event which never expires. You are not obligated to submit your race results in order to receive your medal and shirt, however there will be a leaderboard complete with draw prizes and spirit awards during the race window of May 31 to September 27.

WHO MAY PARTICIPATE?

Anyone who is registered for the 2020 Scotiabank Calgary Marathon Race Weekend may participate in this commemorative Virtual Race and receive their tech shirt and medal, when they switch their race registration to 'Virtual Race' by May 15. Previously registered participants have received an email with instructions on how to switch to virtual. New participants for the Virtual Race can register starting Monday May 4 until the event sells out.

HOW DO I CHOOSE THE OPTION I WANT IN RACE ROSTER?

In order to find and select your option for the 2020 Scotiabank Calgary Marathon, you need to go to your Race Roster dashboard, ensure you are in our event (2020 Scotiabank Calgary Marathon), click on '**Edit Registration**' and the options can be found in the '**Registration Questions**' tab to the left of the 'Personal Information' tab. This is where you will be able to select your option to (1) Run Virtually, (2) Donate your registration fee or (3) 100% Defer. There are a few steps involved, IF you are having issues please look at this short document that explains the steps [HERE](#).

I DIDN'T HAVE A CHANCE TO REGISTER BEFORE REGISTRATION WAS PUT ON PAUSE. HOW CAN I STILL REGISTER FOR SCOTIABANK CALGARY MARATHON VIRTUAL RACE WEEKEND?

Registration is open on Monday May 4. Everyone who registers for the Scotiabank Calgary Marathon Virtual Race Weekend 2020 will also receive a unique code which entitles you to \$20 off any Run Calgary future event.

CAN I STILL REGISTER FOR THE SCOTIABANK CHARITY CHALLENGE?

Yes! You can register and start fundraising right away for one of the charities in the Scotiabank Charity Challenge. If you're already registered you just need to set up your fundraising page in Race Roster. The charities registered with Scotiabank Calgary Marathon Race Weekend are listed [HERE](#) and they need our help now more than ever. We are inviting runners to fundraise and promote their favourite causes. Every participant who raises \$1,000.00 or more will receive a free entry into a 2021 Run Calgary event.

[INSTRUCTIONS ON HOW TO JOIN THE SCOTIABANK CHARITY CHALLENGE IN RACE ROSTER](#)

IF I DECIDE TO DEFER OR DONATE MY REGISTRATION FEE CAN I STILL FUNDRAISE?

You need to be registered to fundraise. If you choose to defer or donate your registration and not participate in the virtual event, any funds you raised will go towards the total fundraising for your charity and their eligibility for Scotiabank prizing, but your funds will not be included in the prizing for the number of fundraisers and the highest average fundraising per fundraiser prizing.

WHY IS THE RACE WINDOW FROM MAY 31 TO SEPTEMBER 27?

Sunday May 31 was the scheduled date for 2020 and when we postponed earlier in this crisis, we were working towards a Sunday September 27 date. We are opening up the virtual race window for people to race and fundraise any time between the two dates because why not!

WHAT PARTICIPANT AMENITIES WILL I RECEIVE FOR THE VIRTUAL EVENT?

All event swag will be available for curbside pick-up or mailed to you. Watch for special bonuses from some of our race sponsors for those who decide on curbside pick-up. Please note that the estimated shipping time may take longer for participants living outside of Canada.

Everyone who chooses to race the Scotiabank Calgary Marathon Virtual Race Weekend 2020 will receive a unique code for \$20 to any future Run Calgary event.

All virtual registrants will receive a code for 15% off any ASICS products.

Our sponsors are generously providing prizes to be awarded during the virtual window from May 31 to September 27, 2020, including Nuun for a year, running shoes, Garmin GPS watches and more. The Run Calgary team will surprise and delight you many more times during the virtual race window.

We will email you these downloadable items: digital race bib, a finisher's certificate and race badge.

DO I HAVE TO RUN MY VIRTUAL EVENT ON MAY 31?

No, in fact we discourage it! You can run your race anytime between May 31 and September 27, 2020, which was to be our alternative fall date. You can upload your results to RunKeeper starting May 3 and leaderboards will be considered final on Sunday September 27 at 5 p.m.

WILL THE COURSE BE PRE-SET OR CAN I MAKE ONE UP?

This is YOUR race! You can run on a treadmill or choose your own route for the virtual event—we suggest you adhere to your local and current Public Health Agencies' guidelines, including staying in your neighbourhood. You can create fun loops, set-up your own fuel/water station in your yard, and tell your neighbours so they can cheer you on from their porches! Please practice physical distancing and follow these virtual race tips!

We specifically ask that you do not use any of the Scotiabank Calgary Marathon Race Weekend routes as the roadways will not be closed or policed. Please do not attempt a group run on race weekend—or at any time during the virtual race window.

WILL THERE BE RACE RESULTS FOR THE VIRTUAL EVENT?

Yes! Our registration partner, Race Roster, is set-up to receive virtual race results with the RunKeeper app. You will need to use a tracking app, running watch or GPS device to record your time. Don't have an app or a device to track your time, no problem, you can also manually add your time to the leaderboard. Don't know what to use? We will be sharing virtual race tips with more information in the coming weeks.

WHAT SHOULD I DO IF AM NOT COMFORTABLE TRAINING FOR MY RACE WHILE COVID-19 IS STILL A THREAT TO MY HEALTH AND SAFETY?

New circumstances, new rules! As runners, we understand these concerns... and we want this to be a fun and comfortable experience for everyone. We have a couple of recommendations:

1. You can break up your race into segments. In other words, if you signed up for the Scotiabank Calgary Marathon, you can spread the 42.2 kms into 4 x 10.55K over a few days or weeks and just upload your race result. If you signed up for the Roundup, consider doing each event on its own day—instead of doing 2 events in one day, do them over 2 non-consecutive days.
2. Transfer to a shorter race distance for 2020. [Please see instructions on Race Roster on how to transfer to another Calgary Marathon Virtual Race Weekend event](#). Please transfer before May 15, 2020, no additional fees will be applied.

HOW CAN I SHARE PHOTOS FROM MY RUN?

Please share your running photos, spirit shots and virtual finish line photos on social media (@calgarymarathon and @runcalgary) use the hashtags #runcalgary #virtualrace. You can also upload your photos through the RunKeeper app.

HOW WILL THE 50K RELAY WORK?

For participants registered in the 50KM Relay Team Event, the team captain will be required to select the one option that works best for the entire team. If the virtual option is selected for the team, participants can still be added to your team and you will have the opportunity to choose any combination of distances to run, as long as they add up to 50KM. Please follow current physical distancing guidelines in your area when completing your relay - we are encouraging you to tag the next team member on social media when each leg is completed. The team captain will be responsible for uploading the aggregate time results when the event is completed.

WILL I RECEIVE MY ADDITIONAL SWAG IF I REGISTERED FOR THE ROUNDUP?

You will receive a shirt and medal for each event you are registered for, as well as a specific Roundup Beach Towel. All shirts and medals will be available for curbside pick-up or mailed to you. Please note that the estimated shipping time may take longer for participants living outside of Canada.

WILL THERE BE AWARDS FOR THE VIRTUAL EVENT?

Yes! Thanks to our event partners there will be spirit awards and draw prizes between May 31 and September 27, 2020. Participate once or race all the distances and get your name on the leaderboard more than once!

CAN I QUALIFY FOR THE BOSTON MARATHON IN THE 2020 SCOTIABANK CALGARY VIRTUAL MARATHON?

Since you'll be creating your own course that will not be certified, you will not be able to qualify for the Boston Marathon.

HOW CAN I VERIFY MY REGISTRATION RIGHT NOW?

Already registered for an event at the 2020 Scotiabank Calgary Marathon Race Weekend? [Login into your dashboard on Race Roster](#) to verify registration.

CAN I TRANSFER FROM ONE RACE DISTANCE TO ANOTHER DISTANCE OR CHALLENGE?

Yes, any changes/corrections must be completed online, please use the step-by-step instructions found below to transfer from one distance to another. We will be waiving all transfer fees for 2020. You will receive the medal and shirt for your transferred distance. If you would prefer to receive the medal and shirt for your original race please email info@calgarymarathon.com.

[INSTRUCTIONS ON HOW TO TRANSFER DISTANCES IN RACE ROSTER.](#)

HOW CAN I PERSONALIZE MY MEDAL?

iTAB fits perfectly onto the ribbon of your Scotiabank Calgary Marathon Virtual Race Weekend medal, engraved with your Name and Finish Time, and is a great way to celebrate your achievement. Your personalized iTab will be mailed directly to you within one month of the completion of your 2020 virtual race.

WHAT IS YOUR CANCELLATION POLICY?

Entry fees are non-refundable under all circumstances. That means that once we receive and accept your entry, you will not receive a refund for any reason. If you do not want to be part of the event in 2020, you can defer your entry for another year using the dashboard tool until 11:59 p.m. on May 15th. If you want to understand more about why we can't refund your registration, please read about sunk costs and where your registration fee goes [HERE](#).

WILL MY VIRTUAL RACE COUNT TOWARDS THE RUN CALGARY RACE SERIES?

Absolutely! If you registered for any race, regardless of its status, it counts towards earning your 2020 Run Calgary swag. All virtual sign ups that have a cost associated will also count towards your series swag. Please note free virtual race registrations will not count towards race series swag.